FareStart November 2026 Hot Lunch Menu

Weekday	Date	Diet Type	Main Meal / Vegetable / Fruit (Recipes | Labels)
Monday	11/2/26	Regular	Chicken Teriyaki "Fried" Rice (WGR) / Mixed Veggies / Apple / *Milk
		Vegetarian	Tofu & Edamame Teriyaki "Fried" Rice (WGR) / Mixed Veggies / Apple / *Milk
		Allergen Free	AF Teriyaki Chicken "Fried" Rice (WGR) / Mixed Veggies / Apple / Lactose-free Milk*
Tuesday	11/3/26	Regular	Turkey Tetrazzini Pasta (WGR) / Peas / Orange / Milk*
		Vegetarian	White Bean Tetrazzini Pasta (WGR) / Peas / Orange / Milk*
		Allergen Free	AF Turkey Tetrazzini Pasta (WGR) / Peas / Orange / Lactose-free Milk*
Wednesday	11/4/26	Regular	Sweet & Sour Chicken / Mixed Veggies / Brown Rice (WGR) / Pineapple / Milk*
		Vegetarian	Sweet & Sour Chik'n / Mixed Veggies / Brown Rice (WGR) / Pineapple / Milk*
		Allergen Free	AF Sweet & Sour Chicken / Mixed Veggies / Brown Rice (WGR) / Pineapple / Milk*
Thursday	11/5/26	Regular	Cheesy Pesto Pasta (WGR) Edamame Bake /Peas and Carrots / Melon / Milk*
		Vegetarian	Cheesy Pesto Pasta (WGR) Edamame Bake / Peas and Carrots / Melon / Milk*
		Allergen Free	AF Pesto Pasta (WGR) White Bean Bake / Peas and Carrots / Melon / Lactose-free Milk*
Fri	11/6/26	Regular	BBQ Shredded Chicken / Coleslaw / Bun (WGR) / Apple Crumble / Milk*
		Vegetarian	BBQ Tofu / Coleslaw / Bun (WGR) / Apple Crumble / Milk*
		Allergen Free	AF BBQ Shredded Chicken on Rice (WGR) / AF Coleslaw / Apple Crumble / Lactose-free Milk*
Monday	11/9/26	Regular	Chicken Nuggets (WGR) / Honey Mustard Sauce / Broccoli / Apple / Milk*
		Vegetarian	Chik'n Nuggets (WGR) / Honey Mustard Sauce / Broccoli / Apple / Milk*
		Allergen Free	AF Crispy Chicken / AF Honey Mustard Sauce / Brown Rice (WGR) / Broccoli / Apple / Lactose-free Mi
Tuesday	11/10/26	Regular	Spaghetti (WGR) w/ Ground Turkey & Fresh Tomato Sauce / Green Beans / Orange / Milk*
		Vegetarian	Spaghetti (WGR) w/ Veggie Sausage & Fresh Tomato Sauce / Green Beans / Orange / Milk*
		Allergen Free	AF Pasta (WGR) w/ Ground Turkey & Fresh Tomato Sauce / Green Beans / Orange / Lactose-free Milk*
Wednesday	11/11/26	Regular	
		Vegetarian	**NO MEAL SERVICE - CLOSED IN OBSERVANCE OF VETERAN'S DAY**
		Allergen Free	
Thursday	11/12/26	Regular	Turkey Chili / Carrots / Corn Muffin (WGR) / Melon / Milk*
		Vegetarian	Red Bean Chili / Carrots / Corn Muffin (WGR) / Melon / Milk*
		Allergen Free	AF Turkey Chili / Carrots / AF Corn Muffin (WGR) / Melon / Lactose-free Milk*
Fri	11/13/26	Regular	Chicken Parmesan (WGR) / Green Salad / Ranch / Apple Crumble / Milk* [+WGR Roll for Adults]
		Vegetarian	Chik'n Nugget Parmesan (WGR) / Green Salad / Ranch / Apple Crumble / Milk* [+WGR Roll for Adults
		Allergen Free	AF Chicken Parmesan Pasta (WGR) / Green Salad / Italian Dressing / Apple Crumble / Lactose-free Mil
Monday	11/16/26	Regular	Beef Chili Mac (WGR) / Carrots / Apple / Milk*
		Vegetarian	Veggie Crumble Chili Mac (WGR) / Carrots / Apple / Milk*
		Allergen Free	AF Beef Chili Mac (WGR) / Carrots / Apple / Lactose-free Milk*
Tuesday	11/17/26	Regular	Fajita Chicken & Rice (WGR) / Street Corn / Orange / Milk*
		Vegetarian	Fajita Tofu & Rice (WGR) / Street Corn / Orange / Milk*
		Allergen Free	AF Fajita Chicken & Rice (WGR) / AF Street Corn / Orange / Lactose-free Milk*
Wednesday	11/18/26	Regular	Ground Turkey Stroganoff Pasta (WGR) / Peas / Pineapple / Milk*
		Vegetarian	Veggie Sausage Stroganoff Pasta (WGR) / Peas / Pineapple / Milk*
		Allergen Free	AF Ground Turkey Stroganoff Pasta / Peas / Pineapple / Lactose-free Milk*
Thursday	11/19/26	Regular	Chicken Alfredo Pasta (WGR) / Butternut Squash / Melon / *Milk
		Vegetarian	Tofu Alfredo Pasta (WGR) / Butternut Squash / Melon / Milk*
		Allergen Free	AF Chicken Alfredo Pasta / Butternut Squash / Melon / Lactose-free Milk*
Fri	11/20/26	Regular	Bean & Cheese Quesadilla (WGR) / Cowboy Veggie Mix / Apple Crumble / Milk*
		Vegetarian	Bean & Cheese Quesadilla (WGR) / Cowboy Veggie Mix / Apple Crumble / Milk*
		Allergen Free	AF Bean & Cheese Quesadilla (WGR) / Cowboy Veggie Mix / AF Apple Crumble / Lactose-free Milk*
Monday	11/23/26	Regular	Chicken Pot Pie with Peas and Carrots / WGR Biscuit / Apple / Milk*
		Vegetarian	Chickpea Pot Pie with Peas and Carrots / WGR Biscuit / Apple / Milk*
		Allergen Free	AF Chicken Pot Pie with Peas and Carrots on Rice (WGR) / Apple / Lactose-free Milk*
Tuesday	11/24/26	Regular	
		Vegetarian	**NO FARESTART - CVDS THANKSGIVING FEAST**
		Allergen Free	
Wednesday	11/25/26	Regular	Macaroni (WGR) & Cheese w/ Sliced Turkey Dogs / Green Beans / Pineapple / Milk*
		Vegetarian	Macaroni (WGR) & Cheese w/ Baked Tofu Pieces / Green Beans / Pineapple / Milk*
		Allergen Free	AF Macaroni (WGR) & Cheese w/ Sliced Turkey Dogs / Green Beans / Pineapple / Lactose-free Milk*
Thursday	11/26/26	Regular	
		Vegetarian	**NO MEAL SERVICE - CLOSED IN OBSERVANCE OF THANKSGIVING**
		Allergen Free	
Fri	11/27/26	Regular	
		Vegetarian	**NO MEAL SERVICE - CLOSED IN OBSERVANCE OF NATIVE AMERICAN HERITAGE DAY**
		Allergen Free	
Monday	11/30/26	Regular	Turkey Tetrazzini Pasta (WGR) / Peas / Orange / Milk*
		Vegetarian	White Bean Tetrazzini Pasta (WGR) / Peas / Orange / Milk*
		Allergen Free	AF Turkey Tetrazzini Pasta (WGR) / Peas / Orange / Lactose-free Milk*