


March

Morning Snack Calendar

Please provide for ____ children. All snacks must be nut free, not processed in a plant containing nuts and store bought.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		1 Whole wheat bagel and bananas (Milk)	2 Multigrain Cheerios (NUT FREE) and bananas (Milk)	3 Cottage cheese and fresh uncut berries (Milk)
6 Oatmeal and bananas (Milk)	7 Fresh uncut oranges and cheese sticks (Milk)	8 *Raisin bread and cream cheese (Milk)	9 *Waffles and jam (Milk)	10 Mini bagels, low sugar jam and fresh uncut fruit (Milk)
13 Sliced turkey and mozzarella cheese (Milk)	14 Cheddar cheese, carrots and celery sticks (Milk)	15 Store bought fresh fruit (Milk)	16 Fresh uncut strawberries and whole wheat toast (Milk)	17 Fresh uncut kiwi and English muffins  (Milk)
20 Mini pancakes and low sugar syrup (Milk)	21 Fresh uncut berries and vanilla yogurt (Milk)	22 *Muffins and fresh uncut Fruit *Muffins must be NUT FREE/STORE BOUGHT (Milk)	23 *Vitamin fortified cereal bars and bananas (Milk)	24 Corn Flakes and bananas (Milk)
27 Whole wheat bagels and cream cheese (Milk)	28 Kid's Healthy Choice (Milk)	29 French toast sticks and low sugar syrup (Milk)	30 Shredded mini wheat cereal with fresh uncut berries (Milk)	31 Fresh uncut cantaloupe and low sodium ham (Milk)

***Please be sure ALL snack products are STORE BOUGHT, NUT-FREE and ARE NOT processed in a plant containing nuts.**



March

Afternoon Snack Calendar

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
		1 Pretzels and cheese 5PM Snack: _____ (Milk)	2 Apple slices and cheddar cheese 5PM Snack: _____ (Milk)	3 Animal crackers and yogurt 5PM Snack: _____ (Milk)
6 Life Cereal with milk and fresh apples 5PM Snack: _____ (Milk)	7 Fresh pears and vanilla yogurt 5PM Snack: _____ (Milk)	8 Bananas and cheerios 5PM Snack: _____ (Milk)	9 Pita bread and hummus 5PM Snack: _____ (Milk)	10 English muffin pizzas 5PM Snack: _____ (Milk)
13 Ritz Crackers, carrots and hummus 5PM Snack: _____ (Milk)	14 Cheddar cheese and carrots 5PM Snack: _____ (Milk)	15 Fresh broccoli and ranch dressing  5PM Snack: _____ (Milk)	16 Pretzels and string cheese 5PM Snack: _____ (Milk)	17 Nutrigrain cereal bars and fresh fruit 5PM Snack: _____ (Milk)
20 Cheerios and milk 5PM Snack: _____ (Milk)	21 Quesadillas and salsa 5PM Snack: _____ (Milk)	22 Apples and string cheese 5PM Snack: _____ (Milk)	23 Canned pears and graham crackers 5PM Snack: _____ (Milk)	24 Whole wheat toast and jam 5PM Snack: _____ (Milk)
27 Cinnamon toast and fresh fruit 5PM Snack: _____ (Milk)	28 Ritz crackers and cheddar cheese 5PM Snack: _____ (Milk)	29 Kids Healthy Choice  5PM Snack: _____ (Milk)	30 Cheddar cheese and wheat thins 5PM Snack: _____ (Milk)	31 Kid's Healthy Choice  5PM Snack: _____ (Milk)

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