MORNING SNACK CALENDAR

November

Please provide for ___ children. All snacks must be nut free, not processed in a plant containing nuts and store bought.

Monday	*Tuesday*	*Wednesday*	*Thursday*	*Friday*
2 String cheese and uncut apples	**3** Multigrain Cheerios (nut free) and bananas	**4** Fresh uncut strawberries and vanilla yogurt	**5** Mini bagels and uncut oranges	**6** Raisin bread and fresh uncut fruit
9 Whole wheat bread, jam and fresh uncut oranges	**10** Mini bagels and fresh uncut fruit	**11** CVDS CLOSED IN OBSERVANCE OF VETERAN'S DAY	**12** Fresh uncut strawberries and cottage cheese	**13** Fresh uncut cantaloupe and whole wheat toast
16 French toast sticks and bananas	**17** Waffles and syrup	**18** Oatmeal and fresh uncut strawberries	**19** Cucumbers, whole wheat crackers and hummus	**20** Avocado toast and blueberries
23 Fresh raspberries and low sugar cereal	**24** Vitamin fortified cereal bars and fresh uncut fruit	**25** Pancakes and fresh uncut blackberries	**26** CVDS CLOSED 	**27** CVDS CLOSED 
30 Waffles and syrup				

***Please be sure ALL snack products are NUT-FREE and NOT PROCESSED IN A PLANT CONTAINING NUTS.**

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November

Afternoon Snack Calendar

Monday	*Tuesday*	*Wednesday*	*Thursday*	*Friday*
2 **Yogurt and banana dips** **5pm Snack:** _____	**3** **Pretzels and cheese** **5pm Snack:** _____	**4** **Vitamin fortified cereal bars** **5pm Snack:** _____	**5** **Oranges and string cheese** **5pm: Snack:** _____	**6** **Carrots and ranch dressing** **5pm: Snack:** _____
9 **Guacamole and tortillas** **5pm Snack:** _____	**10** **Quesadillas and mild salsa** **5pm Snack:** _____	**11** **CVDS CLOSED IN OBSERVANCE OF VETERAN'S DAY**	**12** **Celery sticks, hummus and whole wheat crackers** **5pm Snack:** _____	**13** **Quesadillas** **5pm Snack:** _____
16 **Apples and sun butter** **5pm Snack:** _____	**17** **Toast and grape jam** **5pm Snack:** _____	**18** **English muffin pizzas** **5pm Snack:** _____	**19** **Pretzels and cheddar cheese** **5pm Snack:** _____	**20** **Apple sauce, whole grain crackers and cheese** **5pm Snack:** _____
23 **Applesauce and graham crackers** **5pm Snack:** _____	**24** **Turkey and/or cheese roll ups** **5pm Snack:** _____	**25** **Whole wheat crackers and string cheese** **CVDS CLOSES at 3:00 PM**	**26** **CVDS CLOSED** 	**27** **CVDS CLOSED** 
30 **Pita bread and hummus** **5pm Snack:** _____				

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