

December

Morning Snack Calendar

Please provide for ___ children. All snacks must be nut free, not processed in a plant containing nuts and store bought.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 Vanilla yogurt and fresh uncut fruit	2 Fresh oranges and Toast with sun butter	3 Mini bagels and jam with fresh uncut fruit	4 English muffins, raspberry jam and fresh uncut strawberries	5 Mini pancakes and syrup
8 French toast sticks and bananas	9 Oatmeal and fresh uncut berries	10 *Raisin bread and cream cheese	11 Cottage cheese and fresh uncut berries	12 *Blueberry muffins (NUT FREE/STORE BOUGHT)
15 Whole wheat bagels, jam and fresh uncut oranges	16 Multigrain Cheerios (nut free) and bananas	17 Waffles and syrup	18 Fresh uncut strawberries and cottage cheese	19 Fresh uncut fruit and yogurt
22 Pancakes and syrup	23 Fresh fruit salad (STORE BOUGHT)	24 CVDS CLOSED	25 CVDS CLOSED	26 CVDS CLOSED
29 Fruit cups and whole wheat toast with butter	30 Drinkable yogurt and mini bagels with cream cheese	31 CVDS CLOSED		

Afternoon Snack Calendar

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 Wheat thins and raisins 5PM Snack: _____	2 Oatmeal and fresh fruit 5PM Snack: _____	3 Banana and sun butter 5PM Snack: _____	4 String cheese and fresh fruit 5PM Snack: _____	5 Shredded wheat cereal and blueberries 5PM Snack: _____
8 Carrots and hummus 5PM Snack: _____	9 Oranges and string cheese 5PM Snack: _____	10 Mini bagels and fresh fruit 5PM Snack: _____	11 Pretzels and cheddar cheese 5PM Snack: _____	12 Fresh pears and vanilla yogurt 5PM Snack: _____
15 Quesadillas and mild salsa 5PM Snack: _____	16 Wheat toast and grape jam 5PM Snack: _____	17 Applesauce and graham crackers 5PM Snack: _____	18 Cheddar cheese and wheat thins 5PM Snack: _____	19 Apples and string cheese 5PM Snack: _____
22 English muffin pizzas 5PM Snack: _____	23 Waffles and syrup 5PM Snack: _____	24 CVDS CLOSED	25 CVDS CLOSED	26 CVDS CLOSED
29 Pretzels and string cheese 5PM Snack: _____	30 Kids Healthy Choice! ☺ 5PM Snack: _____	31 CVDS CLOSED		