

			November FareStart Menu
Monday	11/3/25	Regular	Turkey Taco Rice (WGR) / Corn / Apple / Milk*
		Vegetarian	Pinto Bean Taco Rice (WGR) / Corn / Apple / Milk*
		Allergen Free	AF Turkey Taco Rice (WGR) / Corn / Apple / Lactose-free Milk*
Tuesday	11/4/25	Regular	Chicken Teriyaki Noodles (WGR) / Carrots / Orange / *Milk
		Vegetarian	Tofu & Edamame Teriyaki Noodles (WGR) / Carrots / Orange / *Milk
		Allergen Free	AF Garlic Ginger Chicken & Rice (WGR) / Carrots / Orange / Lactose-free Milk*
Wednesday	11/5/25	Regular	Macaroni (WGR) & Cheese w/ Sliced Turkey Dogs / Peas / Pineapple / Milk*
		Vegetarian	Macaroni (WGR) & Cheese w/ Baked Tofu Pieces / Peas / Pineapple / Milk*
		Allergen Free	AF Macaroni (WGR) & Cheese w/ Sliced Turkey Dogs / Peas / Pineapple / Lactose-free Milk*
Thursday	11/6/25	Regular	Texas Beef Chili / Corn Muffin (WGR) / Baked Squash / Melon / Milk*
		Vegetarian	Texas Red Bean Chili / Corn Muffin (WGR) / Baked Squash / Melon / Milk*
		Allergen Free	AF Texas Beef Chili / AF Corn Muffin (WGR) / Baked Squash / Melon / Lactose-free Milk*
Fri	11/7/25	Regular	Chicken Parmesan (WGR) / Cheesy Cauliflower / Apple Crumble / Milk* [+WGR Roll for Adults]
		Vegetarian	Chik'n Nugget Parmesan (WGR) / Cheesy Cauliflower / Apple Crumble / Milk* [+WGR Roll for Adults]
		Allergen Free	AF Chicken Parmesan Pasta (WGR) / AF "Cheesy" Cauliflower / AF Apple Crumble / Lactose-free Milk*
Monday	11/10/25	Regular	Roasted Chicken & Lemon Brown Rice (WGR) / Green Bean Casserole / Apple / Milk*
		Vegetarian	Chik'n Nuggets & Lemon Brown Rice (WGR) / Green Bean Casserole / Apple / Milk*
		Allergen Free	AF Roasted Chicken & Lemon Brown Rice (WGR) / AF Green Beans / Apple / Lactose-free Milk*
Tuesday	11/11/25	Regular	NO SERVICE - CLOSED IN OBSERVANCE OF VETERAN'S DAY
		Vegetarian	
		Allergen Free	
Wednesday	11/12/25	Regular	Ground Turkey Stroganoff Pasta (WGR) / Peas / Pineapple / Milk*
		Vegetarian	Veggie Sausage Stroganoff Pasta (WGR) / Peas / Pineapple / Milk*
		Allergen Free	AF Ground Turkey Stroganoff Pasta / Peas / Pineapple / Lactose-free Milk*
Thursday	11/13/25	Regular	Chicken Nuggets (WGR) / BBQ Sauce / Corn / Melon / Milk*
		Vegetarian	Chik'n Nuggets / BBQ Sauce / Corn / Melon / Milk*
		Allergen Free	AF Turkey Hot Dogs / AF Corn Muffin / BBQ Sauce / Corn / Melon / Lactose-free Milk*
Fri	11/14/25	Regular	Meatloaf / Roll (WGR) / Sweet Potatoes / Apple Crumble / Milk*
		Vegetarian	Black Bean Loaf / Roll (WGR) / Sweet Potatoes / Apple Crumble / Milk*
		Allergen Free	AF Meatloaf on Brown Rice (WGR) / Sweet Potatoes / Apple Crumble / Lactose-free Milk*
Monday	11/17/25	Regular	Chicken Pot Pie with Peas and Carrots / WGR Biscuit / Apple / Milk*
		Vegetarian	Chickpea Pot Pie with Peas and Carrots / WGR Biscuit / Apple / Milk*
		Allergen Free	AF Chicken Pot Pie with Peas and Carrots on Rice (WGR) / Apple / Lactose-free Milk*
Tuesday	11/18/25	Regular	Pulled BBQ Chicken Sandwich / Bun (WGR) / Peas / Orange / Milk*
		Vegetarian	BBQ Tofu Sandwich / Bun (WGR) / Peas / Orange / Milk*
		Allergen Free	AF Pulled BBQ Chicken / AF Corn Muffin (WGR) / Peas / Orange / Lactose-free Milk*
Wednesday	11/19/25	Regular	Spaghetti (WGR) w/ Ground Turkey & Fresh Tomato Sauce / Zucchini / Pineapple / Milk*
		Vegetarian	Spaghetti (WGR) w/ Veggie Sausage & Fresh Tomato Sauce / Zucchini / Pineapple / Milk*
		Allergen Free	AF Pasta (WGR) w/ Ground Turkey & Fresh Tomato Sauce / Zucchini / Pineapple / Lactose-free Milk*
Thursday	11/20/25	Regular	Turkey Sloppy Joes / Bun / French Fries / Melon / Milk*
		Vegetarian	Veggie Sausage Sausage Sloppy Joes / Bun (WGR) / French Fries / Melon / Milk*
		Allergen Free	AF Turkey Sloppy Joes on Rice (WGR) / AF French Fries / Melon / Lactose-free Milk*
Fri	11/21/25	Regular	Bean & Cheese Quesadilla (WGR) / Corn / Apple Crumble / Milk*
		Vegetarian	Bean & Cheese Quesadilla (WGR) / Corn / Apple Crumble / Milk*
		Allergen Free	AF Bean & Cheese Quesadilla (WGR) / Corn / AF Apple Crumble / Lactose-free Milk*
Monday	11/24/25	Regular	Chinese Veggie, Tofu, & Edamame Stir Fry / Brown Rice (WGR) / Apple / Milk*
		Vegetarian	Chinese Veggie, Tofu, & Edamame Stir Fry / Brown Rice (WGR) / Apple / Milk*
		Allergen Free	AF Chinese Chicken & Veggie Stir Fry / Brown Rice (WGR) / Apple / Lactose-free Milk*
Tuesday	11/25/25	Regular	Chicken Nuggets (WGR) / Sweet & Sour Sauce / Carrots / Orange / Milk*
		Vegetarian	Chik'n Nuggets (WGR) / Sweet & Sour Sauce / Carrots / Orange / Milk*
		Allergen Free	AF Crispy Chicken / AF Sweet & Sour Sauce / Brown Rice (WGR) / Carrots / Orange / Lactose-free Milk*
Wednesday	11/26/25	Regular	Cheesy Pasta Bake (WGR) / Squash / Pineapple / Milk*
		Vegetarian	Cheesy Pasta Bake (WGR) / Squash / Pineapple / Milk*
		Allergen Free	AF White Bean Pasta Bake / Squash / Pineapple / Milk*
Thursday	11/27/25	Regular	NO SERVICE - CLOSED IN OBSERVANCE OF THANKSGIVING
		Vegetarian	
		Allergen Free	
Fri	11/28/25	Regular	NO SERVICE - CLOSED IN OBSERVANCE OF NATIVE AMERICAN HERITAGE DAY
		Vegetarian	
		Allergen Free	