

March

Morning Snack Calendar

Please provide for ____ children. All snacks must be store bought, nut free and are not processed in a plant containing nuts.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
2 Whole wheat tortillas with sun butter and jelly	3 French toast sticks and bananas	4 Shredded mini wheat cereal with fresh uncut berries	5 Multigrain Cheerios (NUT FREE) and bananas	6 Cottage cheese and fresh uncut berries
9 Oatmeal and bananas	10 Fresh uncut oranges and cheese sticks	11 *Raisin bread and cream cheese	12 *Waffles and jam	13 Mini bagels, low sugar jam and fresh uncut fruit
16 Sliced turkey and mozzarella cheese	17 Cheddar cheese, carrots and celery sticks 	18 Avocado toast and clementines	19 Fresh uncut strawberries and whole wheat toast	20 Fresh uncut kiwi and English muffins
23 Mini pancakes and low sugar syrup	24 Fresh uncut berries and vanilla yogurt	25 Fresh bell peppers and cream cheese	26 *Vitamin fortified cereal bars and bananas	27 Corn Flakes and bananas
30 Whole wheat bagels and cream cheese	31 Mandarin orange fruit cups and cheese sticks			

***Please be sure ALL snack products are STORE BOUGHT, NUT-FREE and ARE NOT processed in a plant containing nuts. CVDS will provide milk/water.**



March

Afternoon Snack Calendar

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p>2 Ritz crackers and cheddar cheese</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>3 Kids Healthy Choice </p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>4 Cheddar cheese and wheat thins</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>5 Pretzels and string cheese</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>6 Animal crackers and yogurt</p> <p>5PM Snack: _____</p> <p>(Milk)</p>
<p>9 Graham crackers and apple sauce</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>10 Fresh pears and vanilla yogurt</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>11 Bananas and cheerios</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>12 Pita bread and hummus</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>13 English muffin pizzas</p> <p>5PM Snack: _____</p> <p>(Milk)</p>
<p>16 Ritz Crackers, carrots and hummus</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>17 Fresh broccoli and ranch dressing</p> <p>5PM Snack: _____</p> <p> (Milk)</p>	<p>18 Cheddar cheese and celery sticks</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>19 Pretzels and string cheese</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>20 Nutrigrain cereal bars and fresh fruit</p> <p>5PM Snack: _____</p> <p>(Milk)</p>
<p>23 Cheerios and milk</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>24 Quesadillas and salsa</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>25 Apples and string cheese</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>26 Canned pears and graham crackers</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>27 Whole wheat toast and jam</p> <p>5PM Snack: _____</p> <p>(Milk)</p>
<p>30 Cinnamon toast and fresh fruit</p> <p>5PM Snack: _____</p> <p>(Milk)</p>	<p>31 Rice cakes and sun butter/jelly</p> <p>5PM Snack: _____</p> <p>(Milk)</p>			