



# August

## Morning Snack Calendar

Please provide for \_\_ children. All snacks must be nut free, not processed in a plant containing nuts and store bought.

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<p><b>1</b></p> <p>Fresh UNCUT strawberries and vanilla yogurt</p> <p>(Milk)</p>	<p><b>2</b></p> <p>UNCUT Cantaloupe and English muffins with jelly</p> <p>(Milk)</p>	<p><b>3</b></p> <p>Fresh UNCUT oranges and mini bagels</p> <p>(Milk)</p>	<p><b>4</b></p> <p>Healthy cereal and UNCUT bananas</p> <p>(Milk)</p>	<p><b>5</b></p> <p>Fresh UNCUT apples, sun butter and English muffins</p> <p>(Milk)</p>
<p><b>8</b></p> <p>Fresh blueberries and cottage cheese</p> <p>(Milk)</p>	<p><b>9</b></p> <p>Fresh fruit salad (Store bought)</p> <p>(Milk)</p>	<p><b>10</b></p> <p>*Waffles and fresh UNCUT berries</p> <p>(Milk)</p>	<p><b>11</b></p> <p>UNCUT Watermelon and whole wheat toast</p> <p>(Milk)</p>	<p><b>12</b></p> <p>UNCUT Cucumbers, hummus and pita bread</p> <p>(Milk)</p>
<p><b>15</b></p> <p>UNCUT Kiwi and whole wheat toast</p> <p>(Milk)</p>	<p><b>16</b></p> <p>Oatmeal and fresh UNCUT berries</p> <p>(Milk)</p>	<p><b>17</b></p> <p>*Healthy cereal bars and bananas</p> <p>(Milk)</p>	<p><b>18</b></p> <p>*French toast sticks and fresh UNCUT berries</p> <p>(Milk)</p>	<p><b>19</b></p> <p>UNCUT Celery Sticks, hummus and whole wheat crackers</p> <p>(Milk)</p>
<p><b>22</b></p> <p>Kids Healthy Choice!</p> <p>(Milk)</p>	<p><b>23</b></p> <p>*Mini pancakes and bananas</p> <p>(Milk)</p>	<p><b>24</b></p> <p>Mini bagels and Fresh UNCUT oranges</p> <p>(Milk)</p>	<p><b>25</b></p> <p>UNCUT Apple and mild cheddar cheese</p> <p>(Milk)</p>	<p><b>26</b></p> <p>Fresh UNCUT strawberries and a healthy cereal ☺</p> <p>(Milk)</p>
<p><b>29</b></p> 	<p><b>30</b></p> 			

\*Please be sure ALL snack products are NUT-FREE and not processed in a plant containing nuts.

**2022**

# August

## Afternoon Snack Calendar

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>1</b> Vitamin fortified cereal bars <b>5pm:</b> _____ (Milk)	<b>2</b> Tortillas and cheese <b>5pm:</b> _____ (Milk)	<b>3</b> Goldfish and string cheese <b>5pm:</b> _____ (Milk)	<b>4</b> String cheese and wheat thins <b>5pm:</b> _____ (Milk)	<b>5</b> Fresh pears and yogurt <b>5pm:</b> _____ (Milk)
<b>8</b> Cereal bars and bananas <b>5pm:</b> _____ (Milk)	<b>9</b> Pretzels and cheddar cheese <b>5pm:</b> _____ (Milk)	<b>10</b> Wheat thins and string cheese <b>5pm:</b> _____ (Milk)	<b>11</b> Whole wheat toast with low sugar jam <b>5pm:</b> _____ (Milk)	<b>12</b> Mini bagels with cream cheese <b>5pm:</b> _____ (Milk)
<b>15</b> Mild cheddar cheese and sliced apples <b>5pm:</b> _____ (Milk)	<b>16</b> Apple sauce and graham crackers <b>5pm:</b> _____ (Milk)	<b>17</b> Kids Healthy Choice 😊 <b>5pm:</b> _____ (Milk)	<b>18</b> Tortillas and cheese <b>5pm:</b> _____ (Milk)	<b>19</b> Vitamin fortified cereal bars <b>5pm:</b> _____ (Milk)
<b>22</b> Cheese sticks and fresh oranges <b>5pm:</b> _____ (Milk)	<b>23</b> Cheerios and sliced bananas <b>5pm:</b> _____ (Milk)	<b>24</b> English muffin pizzas <b>5pm:</b> _____ (Milk)	<b>25</b> Pretzels and string cheese <b>5pm:</b> _____ (Milk)	<b>26</b> Carrot sticks and hummus <b>5pm:</b> _____ (Milk)
<b>29</b> 	<b>30</b> 			

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